

ASHA PARAS INTERNATIONAL MULTIDISCIPLINARY RESEARCH JOURNAL (APIMRJ)

Open Access, Journal is Double Blind peer
reviewed, Bi-Annual (online)

VOL-3, ISSUE-1, JAN-JUNE 2026

ISSUE- PSYCHOLOGY AND DISABILITY

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PUBLISHER

ASHA PARAS FOR PEACE AND HARMONY FOUNDATION
A93, Emerald Park City, Near AIIMS Hospital, Bagsewaniya,
Bhopal (Madhya Pradesh) India- 462026





ASHA PARAS INTERNATIONAL MULTIDISCIPLINARY RESEARCH JOURNAL (APIMRJ)

An International Half Yearly Online Open Access, Double Blind Peer-Reviewed Research Journal

Jan-June 2026, Volume-III, Issue-I apimrjournal@gmail.com www.apimrj.com

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Editorial

This special issue provides an in-depth analysis on various psychological concepts related to neurodevelopmental, digital, social and academic factors in children, adolescents and young adults.

Neurodevelopmental Challenges

Under this section the articles focused on neurodevelopmental issues. Two mixed-methods studies focused on sensory-emotional dysregulation, which was identified in neurodivergent children. It has been shown that emotional regulation difficulties predict behavioral problems in children with intellectual disability (N=15 caregivers, $r=-0.415$, large Mann-Whitney U effect) with qualitative themes supporting disrupted routine and caregiver burnout. The study of children with ASD (N=15; $r=0.639$) shows that sensory sensitivity profiles affect every day adaptive behaviors, which appear as tantrums, aggression and self-injury caused by the overload of stimuli.

Studies related to Digital Technology Impacts

Digital behaviour demonstrates complicated associations with mental health. The addiction to online shopping among young adults (N=104; $r=0.996$) is very much correlated to their poor self-control in financial matters especially to the dimensions of withdrawal/relapse. Digital minimalism has a moderate link to perceived stress (N=112; $r=0.344$). The construction of identity on social media has a weak relation to self-presentation anxiety (N=152; $r=-0.089$). There is a very light connection (N=131; $r=-0.149$) between online friendships and social isolation which is nothing more than a weak reduction in loneliness and nighttime mobile phone use has a very slight effect (N=100; $r=-0.09$) on the user's alertness in the morning.

Social and Performance Anxieties

The social and Performance anxieties were also studied. The articles are also related to youth who encounters multiple psychosocial stressors that overlap Body image rumination has a positive relationship with college girls' social anxiety (N=110; $r=0.383$). Self-confidence shows a weak negative relationship with public speaking anxiety in aspirants (N=106; $r=-0.226$). These trends manifest vulnerability during identity construction and performance requirements.

Academic and Educational Innovations

Attempt were made on Perfectionism which is the main cause of academic burnout among college students (N=122, correlational design). Teacher training students are very aware of and have a favourable opinion of the flipped classroom approach to teaching (N=50) because they like the flexibility and active participation it provides. A thematic review assesses Google Note LM as an AI tool that helps students with visual impairment which helps them to become more independent academically.

Methodological Patterns and Implications

Mostly descriptive-correlational studies (N=15-152) measure with standardized scales (e.g., OSA, FSES, ERC, SSP, PSS, PCAS) and the use Jamovi/Excel/SPSS for analysing the construct under study. The recommendations for the interventions are also given such as sensory-emotional training for neurodiverse children, financial literacy and digital hygiene for youth, confidence-building for social anxieties and innovative pedagogies like flipped classrooms and AI accessibility. The studies in this issue show the dual character of technology, the behavioral sequelae of emotional dysregulation and the pathways of building resilience in India's changing psychological landscape. I hereby thank Asha Paras For Peace And Harmony Foundation, India for giving this wonderful opportunity to publish this special issue related to Disabilities and Psychological concepts pertaining to the National and global initiatives that need to address and form inclusive society for all.

I would like to thank Chief Editor Prof. Asha Shukla for her trust and continuous support.

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